



2015-16 PARENT ANNUAL GIVING SUCCESS DEPENDS ON YOU!

THANK YOU to the 46% of families who have already participated in this year's campaign!

Have *you* made your pledge?

We need you to make our goal of 100% participation!

Collaboration succeeds when all members participate!

Have you wondered why our goal for Parent Annual Giving is 100% participation and not a dollar goal? Parent Annual Giving is not a competition of who can give the most. **Parent Annual Giving is a collaborative effort for the benefit of each and every family in the school.** That is why we ask each and every one of you to participate.

Because collaboration is key to annual giving, the program has been designed so participation creates no hardship on any family.

Participation is as easy as pledging your prayers and thoughts for St. Gabriel for this school year.

Then, we ask you to **consider if a monetary pledge is possible** and, if so, to be as generous as you can. You choose if and what you can give. That is easy, too.

Please join in this collaboration and pledge today! A Parent Annual Giving pledge form follows for your convenience. (NOTE: You can fill out the form online, then print!)

For information/questions, contact
Alice Lawrie, Development Director at
sgs@stgabrielsf.com or 415-566-0314.



ST. GABRIEL SCHOOL

Parent Annual Giving Program
Supporting Education at St. Gabriel

Yes! I/We pledge support of St. Gabriel School through a pledge of Prayers and/or Thoughts for St. Gabriel School, a monetary pledge or both.

Part A: Pledge of Prayers and/or Thoughts

I/We pledge to keep St. Gabriel in Prayer/Thought throughout the school year.

St. Gabriel is far more than a building. It is a community of people. Your pledge of prayers/thoughts is a show of care for St. Gabriel and our community. It is support when times are tough, and in thanks for our blessings. As a Catholic School, this benefit is greatly valued. *We, therefore, ask all families to make this pledge.*

Part B: Monetary Pledge

I/We pledge to St. Gabriel School (if you are able to make a monetary pledge, please be as generous as you can):

- \$5,000 \$1,200 (apprx 1 mo. tuition 2 children) \$600 (apprx 1 mo. tuition 1 child)
 \$350 (avg. gift) \$150 Other \$ _____

PAYMENT OPTIONS:

Enclosed is my/our full/initial payment of \$ _____ and/or
 I/We will make payments: Monthly Quarterly Other _____

My employer has a Matching Gifts Program:
 ___ I will provide forms or ___ match has been submitted

Please use this gift for (optional): the greatest school need staff development
 curriculum enhancement Scholarship/Endowment Fund
 Art program Other _____

Your Name:

Name: _____

Address *OR* Email Address(s): _____

HELP US SAVE PAPER: To receive an acknowledgement by email, please *clearly* print your email address(es) above.

Child(ren)'s Grade(s): ___ ___ ___ ___ ___

Your gift is TAX DEDUCTIBLE. Please make check payable to St. Gabriel School. THANK YOU!

Start Celebrating St. Gabriel Parish's 75th Anniversary!



St. PATRICK'S

D I N N E R D A N C E

SATURDAY, MARCH 5, 2016

@ BEDFORD HALL

41ST AVENUE & ULLOA

Corned beef and cabbage! Dinner and Dancing!

Tickets are \$25

6:00 pm - No host cocktails

7:30 pm - Dinner

8:30 - 11:30 pm - Dancing

For tickets call: Seamus & Attie Carolan 415-337-8514

Roger Gargano 415-681-5567

Bill & Angela Sicord 415-385-2452

Tim Murtagh 415-760-6104

Tom & Colleen Kanaley 415-504-0014

MILK IN MARCH



The goal of the new *2015-2020 Dietary Guidelines* is to promote overall health and help prevent chronic disease with healthy eating patterns. A key recommendation in the new guidelines is to include fat-free and low-fat (1%) dairy, including milk, yogurt, cheese, or fortified soy beverages as part of a healthy eating pattern. Soy beverages are included as part of the dairy group because they have similar nutrients and are used in similar ways. The dairy group contributes many nutrients, including calcium, phosphorus, potassium, vitamin A & D. The recommended daily intake of dairy is based on age:

- 2 cup-equivalents for children 2 to 3 years
- 2.5 cup-equivalents for children 4 to 8 years
- 3 cup-equivalents for those 9 years and older

To promote the consumption of food/beverage from the dairy group, half pints(1 cup) of low fat milk or soymilk will be available at recess on Friday March 4th and 18th to children in 1st-8th grade who **pre-order**.

\$1.50 total per student for both Fridays.

Please complete the following information and enclose payment by Friday, February 26th. If you have any questions, call Tiffany Kearney, at 415-505-0765.

Milk Order

Name of Child 1 _____ Grade _____ Milk _____ or Soymilk _____

Name of Child 2 _____ Grade _____ Milk _____ or Soymilk _____

Name of Child 3 _____ Grade _____ Milk _____ or Soymilk _____

Name of Child 4 _____ Grade _____ Milk _____ or Soymilk _____

If you can assist with this health promotion (9:30am-10:30am), please indicate below.

Your Name: _____ date/s you can assist: _____ your phone #: _____